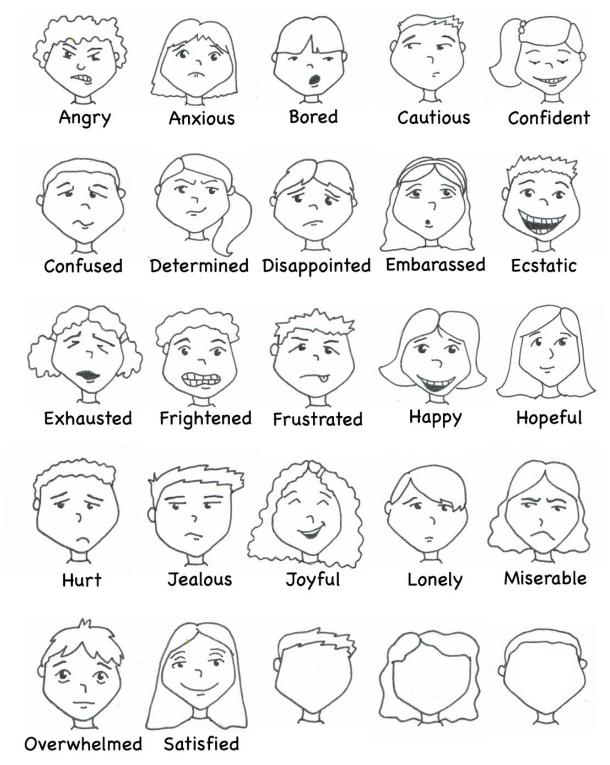
## How Do I Feel?



Illustrations by Karen Gilmour For more information visit littlefloweryoga.com

