

LFY Certification Components



REQUIREMENT	TIME TO COMPLETE	TUITION
Teaching Yoga & Mindfulness to Children and Teens: Principles and Practices to Strengthen Connection, Build Resilience and Cultivate Joy	12 Weeks	\$1200
Social and Emotional Learning Through Yoga and Mindfulness: Connection, Compassion and Creativity	6 Weeks	\$945
Advanced Teaching Practices and Implementation Strategies	6 Weeks	\$945
Teaching Trauma Informed Yoga	12 Self-Paced Hours	\$245
Chair Yoga for Children and Adolescents	8 Self-Paced Hours	\$245
Supporting Neurodiverse Children	8 Self-Paced Hours	\$245
Teaching Practicum	6 Livestream Hours	\$285
Mentorship (individually scheduled)	6-12 Weeks	\$550
Certification Registration Fee*	1 year	\$285*
TOTAL: Register for each component of certification individually as listed, or join one of our annual cohort trainings for financial savings and increased collaboration with colleagues.	We recommend completing certification over 1 year, at a pace of 2-3 hours per week	\$4945

Your certification registration fee includes one year of **access to our online coaching membership including livestream coaching calls, resource videos, downloadable worksheets, and a variety of webinars. Certification fee is included in all cohort registration packages.*

LFY Training Policies and Procedures



PAYMENT POLICY	Payment is due in full at the time of registration, unless you choose a payment plan (eligible trainings only). If you register for a payment plan and your payments lapse, your LFY account will be deactivated after 3 days, and remain deactivated until payment is resumed.
COURSE ACCESS	All online courses are accessible for one year from purchase date (self-paced courses) or start date (guided courses). If you would like to retain access beyond one year, you can do so by joining our coaching membership prior to your course expiring, and requesting access at info@littlefloweryoga.com
REFUND POLICY: GUIDED ONLINE COURSES	We know that choosing to participate in an online course is a big decision, and we want you to make the one that is right for you. If after beginning a guided online course you decide it isn't the right fit for your needs, you may request a refund in writing within 7 days of the course start date. All refunds will be for the paid price less a 15% administration fee. Alternately you may request a full price credit for use towards other LFY online courses or webinars. After 7 days no refunds will be available.
REFUND POLICY: WEBINARS AND SELF-PACED ONLINE COURSES	Webinars and self-paced courses are non-refundable, as the entire course content is available to you immediately upon registering. If you have questions about whether a course is right for you, please contact us before purchasing at info@littlefloweryoga.com .
TRANSFERING CERTIFICATION COHORTS	If you are enrolled in a certification cohort and would like to transfer to a future cohort, you will have the option to do so within the first week of each training level (L1, L2, L3). There is a \$150 administration fee to change cohorts.
MISSED LIVESTREAM SESSIONS	All livestream sessions are recorded and made available to course participants. In cases where livestreams are experiential or involve group work, participants may be required to complete an additional assignment to receive credit for the session. The practicum course requires livestream participation.
LOST CERTIFICATE	Please do your best to save your certificates carefully. Upload individual course certificates to your certification tracker, and keep your final certificate in a safe place. We will replace lost certificates at a fee of \$25.
CONTINUED LEARNING	Continuing education and connection with colleagues is an important part of providing professional services. All training graduates are eligible to join our ongoing coaching membership, which offers livestream support, video resources, an active discussion group, webinars on a variety of topics, and much more.
GRADUATE LEVEL CREDIT	Completion of LFY certification makes you eligible for 6 graduate level credits through the University of the Pacific. Application for these credits is made directly to the university, and payment of \$62 per credit is required.