

LFY Certification Components



REQUIREMENT	TIME TO COMPLETE	TUITION
LEVEL ONE: Teaching Yoga & Mindfulness to Children and Teens: Principles and Practices to Strengthen Connection, Build Resilience and Cultivate Joy	8 Weeks	\$845
LEVEL TWO: Social and Emotional Learning Through Yoga and Mindfulness: Connection, Compassion and Creativity	6 Weeks	\$795
LEVEL THREE: Advanced Teaching Practices and Implementation Strategies	6 Weeks	\$795
Teaching Trauma Informed Yoga	8 hours self paced	\$199
Chair Yoga for Children and Adolescents	8 hours self paced	\$199
Supporting Neurodiverse Children	8 hours self paced	\$199
Teaching Practicum	6 hours livestream	\$285
Mentorship (individually scheduled)	6-12 Weeks	\$450
Certification Registration Fee*	1 year	\$285*
Continuing Education Hours for Certification Renewal**	8 hours / year	\$285**
TOTAL (register for each component of certification individually as listed, or join one of our cohort trainings offered twice a year at \$3200)	We recommend completing certification over 1 year, at a pace of 2-3 hours per week	\$4042

**Your certification registration fee includes access to our online membership program including learning resources and livestream coaching. If you register for one of our twice annual certification cohorts (discounted to \$3200) your certification fee is included.*

***Continuing education and connection with colleagues is an important part of providing professional services. Maintaining certification requires the completion of 8 CE hours per year, of which 4 hours must be completed with LFY. It is possible to complete these CE hours at no additional cost by taking advantage of the learning opportunities included with your \$285 annual certification renewal, including twice monthly livestream calls with faculty and webinars on a variety of topics.*

LFY Training Policies and Procedures

<p>PAYMENT POLICY</p>	<p>Payment is due in full at the time of registration, unless you choose a payment plan (eligible trainings only). If you register for a payment plan and your payments lapse, your LFY account will be deactivated after 3 days, and remain deactivated until payment is resumed.</p>
<p>COURSE ACCESS</p>	<p>All online courses are accessible for one year from purchase date (self-paced courses) or start date (guided courses). If you would like to retain access beyond one year, you can do so by joining our coaching membership prior to your course expiring, and requesting access at info@littlefloweryoga.com</p>
<p>REFUND POLICY: GUIDED ONLINE COURSES</p>	<p>We know that choosing to participate in an online course is a big decision, and we want you to make the one that is right for you. If after beginning a guided online course (L1, L2, L3, Certification Cohort) you decide it isn't the right fit for your needs, you may request a refund in writing within 7 days of the course start date. All refunds will be for the paid price less a 15% administration fee. Alternately you may request a full price credit for use towards other LFY online courses or webinars. After 7 days no refunds will be available.</p>
<p>REFUND POLICY: WEBINARS AND SELF-PACED ONLINE COURSES</p>	<p>Webinars and self-paced courses are non-refundable, as the entire content is available to you immediately upon registering.</p>
<p>TRANSFERING CERTIFICATION COHORTS</p>	<p>If you are enrolled in a certification cohort and would like to transfer to a future cohort, you will have the option to do so within the first week of each training level (L1, L2, L3). There is a \$150 administration fee to change cohorts.</p>
<p>MISSED LIVESTREAM SESSIONS</p>	<p>All livestream sessions are recorded and made available to course participants. In cases where livestreams are experiential or involve group work, participants may be required to complete an additional assignment to receive credit for the session.</p>
<p>LOST CERTIFICATE</p>	<p>Please do your best to save your certificates carefully. Upload individual course certificates to your certification tracker, and keep your final certificate in a safe place. We will replace lost certificates at a fee of \$25.</p>
<p>MAINTAINING CERTIFICATION</p>	<p>Continuing education and connection with colleagues is an important part of providing professional services. Maintaining certification requires the completion of 8 CE hours per year, of which 4 hours must be completed with LFY. It is possible to complete these CE hours at no additional cost by taking advantage of the learning opportunities included with your \$285 annual certification renewal, including twice monthly livestream calls with faculty and webinars on a variety of topics.</p>
<p>GRADUATE LEVEL CREDIT</p>	<p>Completion of LFY certification makes you eligible for 6 graduate level credits through the University of the Pacific. Application for these credits is made directly to the university, and payment of \$62 per credit is required.</p>