

Layers of Sound Exploration

What were the furthest away sounds you could find?
Use the space below to write about or draw what you heard.

What could you hear a little around you, or in the room you're in?
Write about or draw what you heard.

How did you feel during this activity?
What are some words that describe
your experience?

Can you imagine a time
when you might use this practice
at home or at school?