

LITTLE FLOWER YOGA MENTORSHIP PROGRAM

NAME:

PHONE:

EMAIL:

What yoga trainings, if any, have you participated in:

What experience, if any, do you have teaching yoga to children:

What experience, if any, do you have working in a school environment:

Is there a particular age group that you would prefer to work with:

What is your schedule availability:

By participating in this program, I recognize that I am being welcomed into a school environment and my primary responsibility is to support the teacher in creating a safe environment for the students. I have reviewed the LFY guidelines for mentorship participation, and commit to observing them at all times.

By enrolling in this program I recognize that yoga requires physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved. I understand that it is my responsibility to consult with a physician prior to and regarding participation in the Yoga Trainings, Classes and Workshops. In consideration of participating in Little Flower Yoga Classes or Workshops, I agree to assume full responsibility for any risk, injuries or dangers, known or unknown, which I might incur as a result of participating in the program. In further consideration of being permitted to participate in the Yoga Classes, and Workshops, I knowingly, voluntarily and expressly waive any claim against Little Flower Yoga or instructor for injury or danger that I may sustain as a result of participating in the program.

Name & Date

Signature

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Guidelines for Mentorship Participation:

1. At all times when reasonably possible trainee is to remain with the mentor teacher while in the school building.
2. Trainee is to participate in all activities unless the mentor teacher instructs them otherwise.
3. Trainee is never to be left alone with children.
4. Trainee should at all times follow the lead of the mentor teacher in matters of classroom and behavior management.
5. Please remember that you are in a school, and will be participating in all activities with the children. Dress appropriately.
6. All written material used during classes remains the legal copyright of Little Flower Yoga. Trainees have the right to use these materials solely for the assisting and teaching of Little Flower classes.
7. Trainee should always notify the mentor teacher, and the LFY office, if they must miss a class.
8. Trainees are to communicate with their mentor teacher as to the specific rules and requirements of their particular site. All school rules must be respected.

Name & Date

Signature

Return this form to Little Flower via email or fax, to the attention of Jennifer Cohen Harper
Email: jennifer@littlefloweryoga.com
Fax: 914.862.0805